



CAMBRIDGE

International Education

Cambridge IGCSE™ Psychology 0266

Lesson 3: Motivation and needs 5.2 Hull's drive reduction theory of motivation

Learning objective	To gain knowledge and understanding of Hull's drive reduction theory of motivation.	
Lesson objectives	By the end of the lesson, learners will be able to: • Identify releasing stimuli/environmental cues • Describe fixed action patterns • Define the term homeostasis • Apply drive reduction theory of motivation to novel scenarios	
Vocabulary	Homeostasis: organism's internal regulation to maintain physiological balance	
Previous learning	In the previous lesson, learners have covered biological drives and the arousal of the sympathetic and parasympathetic nervous systems as part of drive reduction theory.	
Plan		
Activities		Resources
Beginning (5 mins)	Learners identify as many instincts (either human or animal) as they can.	Video on instincts: www.youtube.com/watch?v=dgA-BZ0-ObM
Middle (50 mins)	• Discuss characteristics of instincts and their role in survival. Share video introducing instincts. • Share information on releasing stimulus/environmental cues and fixed-action patterns and ask learners to contribute examples and ask questions. • Define optimal arousal and learners discuss the example in pairs. • Define homeostasis and share graphic of drive reduction theory, with example. • As a class discuss types of drives (primary and secondary). Learners complete the novel scenario question to apply this knowledge.	Self-assessment of releasing stimulus/environmental cues and fixed-action patterns: https://app.senecalearning.com/classroom/course/db5cd155-3f4b-40cb-a9f9-8c314f118345/section/9ee065d

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End (5 mins)

Learners self-assess understanding of releasing stimulus/environmental cues and fixed-action patterns.

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Reflection and evaluation

Reflection:

Summary evaluation:

What two things went really well? (Consider both teaching and learning.)

- 1.
- 2.

What two things would have improved the lesson? (Consider both teaching and learning.)

- 1.
- 2.

What have I learned from this lesson about the class or individuals that will inform my next lesson?

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