



CAMBRIDGE

International Education

Cambridge IGCSE™ Psychology 0266

Lesson 1: Motivation and needs 5.1 Key concepts

Learning objective	To gain knowledge and understanding of key concepts in motivation and needs
Lesson objectives	By the end of the lesson, learners will be able to: • Define the terms motivation and need • Identify types of motivation (extrinsic and intrinsic) • Describe Maslow's hierarchy of needs
Vocabulary	Motivation: psychological action that directs behaviour towards goals Extrinsic motivation: type of motivation caused by external benefits Intrinsic motivation: type of motivation caused by personal satisfaction or enjoyment Need: Physiological or psychological requirement for survival and wellbeing
Previous learning	Learners are likely to have covered Paper 1 content and the previous topic on Paper 2: Visual perception. They may also have covered some Research Methods in Psychology, but this is not essential prior knowledge for this lesson.

Plan

Activities		Resources
Beginning (5 mins)	Learners complete a 'think, pair, share' activity on motivation for everyday tasks.	Image of Maslow's hierarchy: www.simplypsychology.org/maslow.html Maslow's hierarchy video: www.youtube.com/watch?v=O-4ithG_07Q
Middle (50 mins)	• Once learners have completed the starter task, provide the definition of 'motivation'. • Introduce the two types of motivation: extrinsic and intrinsic. • Ask learners in pairs to divide the tasks from the starter into either extrinsic or intrinsic motivation. • Introduce the definition of 'needs' and share Maslow's hierarchy video.	

Lesson 1: Motivation and needs 5.1 Key concepts

- Discuss the hierarchy as a class and ask learners questions to check understanding.
- Learners complete the small group activity applying their knowledge of Maslow's hierarchy to a novel scenario.

End (5 mins)

As a class, complete the blank hierarchy on the whiteboard with terms and examples.

Reflection and evaluation

Reflection:

Summary evaluation:

What two things went really well? (Consider both teaching and learning.)

- 1.
- 2.

What two things would have improved the lesson? (Consider both teaching and learning.)

- 1.
- 2.

What have I learned from this lesson about the class or individuals that will inform my next lesson?

We are committed to making the WCAG 2.1 Standard. We are always looking to improve the accessibility of our documents. If you find any problems or you think we are not meeting accessibility requirements, contact us at info@cambridgeinternational.org with the subject heading: Digital accessibility. If you need this document in a different format, contact us and supply your name, email address and requirements and we will respond within 15 working days.