

## Example of an essay

	Comments
<p>1 Teenagers love fast food. But is it good for them, or should they avoid it?</p>	<p>1 The candidate introduces the topic in the first paragraph and uses a rhetorical question to engage the reader. No heading is required for an essay.</p>
<p>2 To begin with, 3 it's usually quite tasty. Furthermore, it's quick and easy if you choose to eat fast food. You walk in to a restaurant, give your order, and your food is ready in just few minutes. When you're in a hurry, getting fast food is a good option.</p>	<p>2 The candidate presents arguments in favour of fast food. The second opinion is well supported with reasons.</p>
<p>4 However, there are some disadvantages. 5 The main one is health. 6 Fast food contains fat, sugar and salt – all things that are bad for you and make you gain weight and becoming ill. The truth is that fresh food, cooked at home, is much better for you, even if it sounds boring to most teenagers. Fast food is also waste of money. It might to seem cheap, but if you buy it a lot, your money will soon disappear.</p>	<p>3 The candidate uses a range of appropriate linking words, 'to begin with', 'furthermore', 'so', 'however' and 'also', to link their ideas together.</p> <p>4 In the third paragraph, the candidate presents arguments against fast food and both opinions are well supported with reasons.</p>
<p>7 Overall, I believe eating fast food occasionally isn't a problem, but fresh home-cooked food is best.</p>	<p>5 The candidate includes the ideas from the comments, but uses their own language, by changing grammatical structures and vocabulary where possible.</p> <p>6 The candidate uses some extended sentences and makes a few attempts at more complex structures.</p> <p>7 The candidate provides a clear conclusion which shows that the essay is effectively sequenced and organised. The candidate uses an appropriate choice of words for a neutral to formal register.</p>